



CONGRATULATIONS TO STANLEY PARK PROVINCIAL WINNERS



PROVINCIAL FOURS GOLD MEDAL WINNERS
Patricia Walker, Sharon Brunelle, Heather Mackie
Skip: Peggy Plathan



PROVINCIAL FOURS SILVER MEDAL WINNERS
Skip: Gayell Slater, Linda Kodnar, Gillian Marshall,
Kathryn MacGregor



PROVINCIAL FOURS MEDAL WINNERS

Gold Medal

Skip: Pat Bird, Lyall Adams, Frances Standen, Herman Cooper

Silver Medal

Skip: Brian Ranger, Robert Rodzinyak, Paul Maskell, Dave Cox



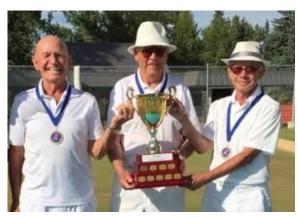
PROVINCIAL SENIOR TRIPLES

Women

Skip: Peggy Plathan Sharon Brunelle Patricia Walker

Men

Skip: Dave Simpson Leon Dallas George Hamilton









THANK YOU TO OUR SOCIAL COMMITTEE:

The Stanley Park Lawn Bowling Club Social Committee is a fun group of dedicated volunteers who organize, purchase and serve the food for a variety of events including Jitneys, general meetings, special tournaments, the League Windup and other special events such as our Afternoon Tea in August. The members also organize the end of the season Banquet held at the Blackfoot Inn and keep the kitchen stocked with coffee, tea and lemonade as well as cookies for the weekly draws. We meet once a month to plan events for the upcoming month. At our July 11 meeting, we will be looking forward to planning for the Stampede Breakfast on July 16th, the lunches and snacks for the Provincial Senior Triples Playdowns July 18-20 and food for the Heritage Day Jitney held on August 7th. We have found that our kitchen comfortably holds four volunteers, so we take turns volunteering for events. We always welcome new volunteers (male or female) so whether you would like to be on the social committee, contribute baking or clean up after the events, we would love to hear from you! For further information or if you are interested in helping please contact Judy at cooperjk@telus.net or Angela at nlussier@telusplanet.net. Social Committee Members: Lona Bildfell, Sharon Cameron, Judy Cooper, Vicki Hamilton, Sandra Ryder Marion Harkness, Mary Kodnar, Mary Sue Lenz, Randy Lopaschuk, Angela & Norm Lussier, Ruth Syme, Hal & Marjorie Siddall, Joanne Steckler, Dot Wesch

WELCOME TO OUR NEW MEMBERS

A very warm welcome to all of the following who are new or returning to our Club: Anne & Paul Armstrong, Pat Bird, Terry Cassidy, Beverley Clarke, Ken Cooper, Linda Lathrop, Darcy Mork, Debbie Trevitt, Gordon Small, Hugh & Mary Phelan, Dale & Janet Prince. We hope that you will enjoy your experience with us. Plan to get involved in the many events that are scheduled for this season.

Safety Tip:

Ground sheets are necessary to protect the greens from damage during or after wet weather. In order to avoid the foot mat slipping on the ground sheet – place the front of the foot mat 4" on top of the ground sheet. This will insure the foot mat stays in place and bowlers will avoid slipping on the wet ground sheet.





COMMUNICATING BY SIGNALING

Reasons for using hand signals:

- 1. Voices cannot always be heard over the sounds of road and air traffic.
- 2. Shouting disturbs players on other rinks.
- 3. Your team will feel more in sync if you can read each other's signals.
- 4. Signals will help communication and the flow of the game.
- 5. You can signal without drawing the attention of your opponents to certain situations.

These signals are not part of lawn bowling rules, but they have developed over time and will simplify instructions as well as help you understand situations as the head develops. Some of them are regional—and you may not see them anywhere else! They were taught as part of a clinic in Sun City, Arizona, USA in January, 2005 by Jeanne Christie (Ontario), Marlene Cleutinx (British Columbia), and Jim Copeland (Arizona).

Rule number 1 is remember that you can only communicate with your team when you have possession of the mat.

<u>Rule number 2</u>, especially for the vice skip, is give information only when asked for or unless agreed upon beforehand with your skip.

Rule number 3 is be accurate.

Good signals to know:	Signals	End of Rink
Come on the forehand.	Extend your <u>left arm</u> to the side if bowler is right handed.	Head
Come on the backhand.	Extend your <u>right arm</u> to the side if bowler is right handed.	Head
This is our bowl.	Point closely to the bowl and tap your chest.	Head
This is their bowl.	Point closely to the bowl and wave your arm away.	Head
Shots for us.	Tap your shoulder or head.	Head
Shots against us.	Tap your leg.	Head
Your bowl (or their bowl) is this far in front of or behind the jack.	Spread your hands one above the other (for short distances); hold your arm out to the side for longer distances. Remember that accuracy is everything. You can also hold your arm out to the side or straight up with 1, 2, or 3 fingers extended to indicate distance in feet. (This should not be confused with the "shots for" signal which is taps.) Note: Always give the DEPTH distance, <i>not</i> the WIDTH.	Head
We need another bowl in the head.	Touch your head.	Head
What's happening at the back?	Wave your hand behind your back.	Mat
Chalk my toucher.	Cross your wrists or draw an "X" in the air.	Mat
Which is their closest bowl?	Cross your arms against your chest.	Mat





COMMUNICATING BY SIGNALING – continued

Good signals to know:	Signals	End of Rink
Please stand jack high.	Stand sideways one foot in front of the other. Move your arm along the direction your feet are pointing.	Mat
Watch the head. I'm going to throw a runner.	Simulate fast delivery with your bowling arm.	Mat
Who owns the incoming bowls on my right?	Point to the right side followed by tap on chest. (Are they our bowls?)	Mat
Who owns the incoming bowls on my left?	Point to the left side followed by tap on chest. (Are they our bowls?)	Mat
Stand where you want this bowl to finish.	Stand with your feet in a "V" and point to your feet.	Mat
Come around this bowl	Go to the bowl in question and motion that the delivered bowl should come around it.	Head
Come inside this bowl.	Go to the bowl in question and motion that the delivered bowl should come inside it.	Head
Try to have your bowl stop here.	Put your foot where you want the bowl to finish and point to it. Or draw a circle over the general area where you would like a bowl.	Head
Our bowl has just been hit.	Tap your chest.	Head
Their bowl has just been hit.	Wave your hand to the side.	Head
Bowl is touching the jack.	Touch knuckles together.	Head
Signaled questions:	Signal	
Which bowl is shot?	Point to the bowl in your hand. Raise one finger. (Which is the No. 1 bowl?)	Mat
Where is the jack?	Bending down, hold your palm forward.	Mat
My last bowl is how far from the jack?	Tap your chest (to indicate <i>my</i> bowl or <i>our</i> bowl) and then spread your hands, one above the other.	Mat
Their last bowl is how far from the jack?	Point to the opponent behind you (to indicate <i>his</i> bowl) and then spread your hands, one above the other.	Mat

Sun City: CLINIC, HAND SIGNALS 2014